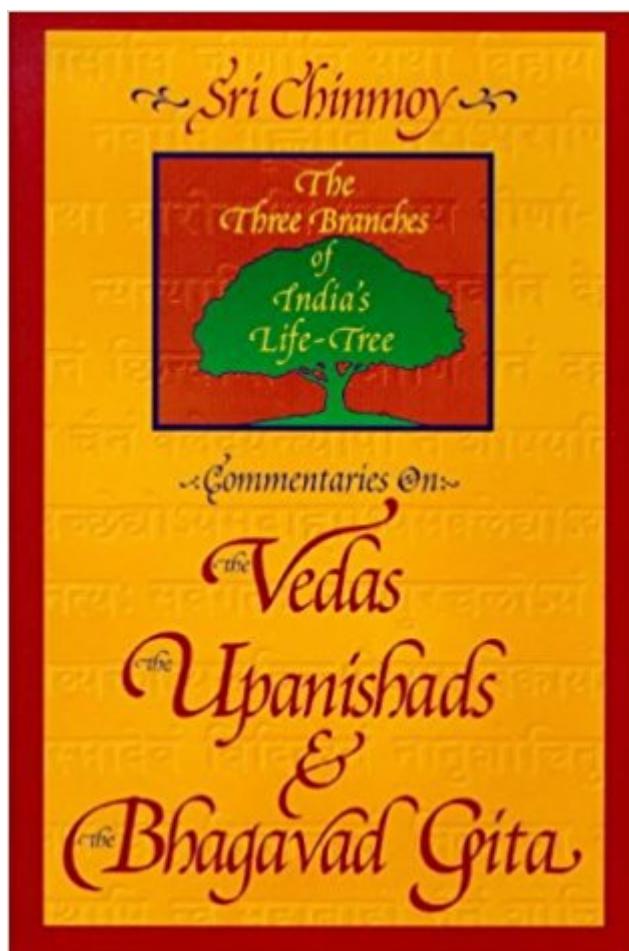


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# Commentaries On The Vedas, The Upanishads And The Bhagavad Gita: The Three Branches Of India's Life-Tree



## **Synopsis**

This book represents one of the very few genuine accounts of the inner universe--the universe beyond space and time, beyond all mental formulation. It is not a philosophical or theoretical book, but a vivid description of the spiritual reality by a Yogi who makes his home there. Topics Include: Consciousness; Infinity; God-realisation; Samadhi; Bliss; The Inner Universe; Human Transformation

## **Book Information**

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## **Customer Reviews**

Born Chinmoy Kumar Ghose in the small village of Shakpura in East Bengal (now Bangladesh) in 1931, Sri Chinmoy was the youngest of seven children. In 1944, after both his parents had passed away, 12 year-old Chinmoy entered the Sri Aurobindo Ashram, a spiritual community near Pondicherry in South India. Here he spent the next 20 years in spiritual practice - including long hours of meditation, practising athletics, writing poetry, essays and spiritual songs. In his early teens, Chinmoy had many profound inner experiences, and in subsequent years achieved very advanced states of meditation. In 1964, he moved to New York City to share his inner wealth with sincere seekers in the West. Sri Chinmoy sees aspiration - the heart's ceaseless yearning for ever higher and deeper realities - as the spiritual force behind all great advances in religion, culture, sports and science. By living in the heart and aspiring for continual self-transcendence, men and women can bring forward the best in themselves and find their path to true satisfaction. In his words: "Our goal is to go from bright to brighter to brightest, from high to higher to highest. And even in the

highest, there is no end to our progress, for God Himself is inside each of us and God at every moment is transcending His own Reality." Sri Chinmoy serves as spiritual guide to students in some 60 countries around the world, encouraging a balanced lifestyle that incorporates the inner disciplines of prayer and meditation with the dynamism of contemporary life. Sri Chinmoy's life was an expression of boundless creativity. His vast output spans the domains of music, poetry, painting, literature and sports. His contributions in each of these fields have been striking and far-reaching. Sri Chinmoy frequently travelled throughout the world to offer free concerts, lectures and public meditations, to meet with his students, and to meet and discuss spirituality with world and community leaders. Sri Chinmoy did not charge a fee for his spiritual guidance, concerts, lectures and public meditations. Sri Chinmoy entered Mahasamadhi - the mystic process through which spiritual Masters leave the body, on the morning of 11 October 2007.

Very interesting explanations of the Vedas, Upanishads and Bhagavad Gita. Analogies with English literature are given. I think this makes it more understandable to the Westerner.

This has become my primer for understanding the roots of religion and the search for God. On my side is tattooed one of the great mantras explained in the wonderful book. It has become a light in darkness of my soul's abode. Thank you Sri Chinmoy, Masterji.

Chinmoy is one of the best.

This book is different from most commentaries on the three central texts of Indian philosophy. The main difference is that Sri Chinmoy is primarily a spiritual master rather than a scholar. Although he studied these texts in detail, he brings a personal insight to his comments that mere study alone cannot achieve. To read 'The Three Branches of India's Life-Tree' is to drink from the same river as the ancient sages.

Enlightening commentary on all 3 ancient Indian scriptures (Vedas, Upanishads, and the Bhagavad Gita) in one book. Sri Chinmoy transcends mere commentary by providing us with spiritual illumination on the inner meaning of these important works. Sri Chinmoy is a fully realised spiritual master (who conducts meditation for the United Nations), and his very words provide us with direct spiritual inspiration/enlightenment.

not a line-by-line interpretation, more like personal thoughts and comments. like the other book "The Essence of the Bhagavad Gita" by Paramhansa Yogananda much much better.

The story and meaning of the Sacred Tree is related well in this book. The social and religious meanings, as well as symbols, are expounded on. This is a good book for grades 10, 11, & 12.

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